

The NCBS Epsom 10K
10K Road Race

Sunday 27 September 2009. 10:00 am

Results for All Competitors in finish order.

Place	Time	Name	Team	Race Age Category	Race	Race
					No	Place
1	0:32:14	SOBCZYK, Grzegorz		Men (Up to 39)	156	1
2	0:33:39	CHETWYND, Alan	Oxford University AC	Men (Up to 39)	219	2
3	0:34:52	FREEMAN, David	Tadworth AC	Men (40-44)	209	3
4	0:35:31	JOHNSTON, Harry	Maidenhead AC	Men (Up to 39)	111	4
5	0:35:52	HAWKINS, Alex	Epsom & Ewell Harriers	Men (Up to 39)	33	5
6	0:35:53	FLACK, Stuart	Epsom & Ewell Harriers	Men (Up to 39)	121	6
7	0:35:54	SINGH, Rajdave	Herne Hill Harriers	Men (Up to 39)	19	7
8	0:36:14	HASSELWANDER, Oliver		Men (40-44)	233	8
9	0:36:15	GILES, Martin	Sutton Runners	Men (45-49)	37	9
10	0:36:39	HEWETT, Graham		Men (Up to 39)	51	10
11	0:37:25	DIXON, Ian		Men (40-44)	35	11
12	0:37:46	PRENTICE, Stuart	Dorking & Mole Valley AC	Men (Up to 39)	99	12
13	0:37:46	HALL, Graham		Men (Up to 39)	205	13
14	0:37:50	NEWTON, Martin	Sutton Runners	Men (Up to 39)	208	14
15	0:37:54	WISLEY, John		Men (Up to 39)	61	15
16	0:38:25	WILLIAMSON, David	Tadworth AC	Men (40-44)	196	16
17	0:38:40	SHIEL, Paul	Herne Hill Harriers	Men (Up to 39)	11	17
18	0:38:43	TEBAY, Russell	Epsom Hockey Club	Men (Up to 39)	243	18
19	0:38:45	TAYLOR, Jonathan		Men (Up to 39)	38	19
20	0:38:55	JONES, Howard	Dorking & Mole Valley AC	Men (40-44)	143	20
21	0:38:59	HANCOCK, Nick	Sutton & District AC	Men (40-44)	70	21
22	0:39:06	BROWN, Kevin	Epsom Oddballs	Men (Up to 39)	154	22
23	0:39:12	O'CALLAGHAN, Paul	Tadworth AC	Men (Up to 39)	174	23
24	0:39:13	McCAFFREY, Rob	Dorking & Mole Valley AC	Men (40-44)	240	24
25	0:39:21	GOODWIN, Mark	Epsom Oddballs	Men (Up to 39)	8	25
26	0:39:54	SHELTON, David	Epsom & Ewell Harriers	Men (45-49)	184	26
27	0:39:58	DRUMMOND, Peter	Epsom Oddballs	Men (45-49)	65	27
28	0:40:08	TURPIE, Gordon	Epsom Oddballs	Men (40-44)	54	28
29	0:40:26	McCULLOCH, Larry		Men (Up to 39)	248	29
30	0:40:37	WISE, Steve	Sutton Runners	Men (50-59)	79	30
31	0:40:38	MEREDITH, Ryan		Men (Up to 39)	148	31
32	0:40:42	COLLINS, Paul		Men (Up to 39)	82	32
33	0:40:58	PEATY, Matt	Epsom Hockey Club	Men (Up to 39)	12	33
34	0:40:59	DEVINE, Paul		Men (Up to 39)	164	34
35	0:41:00	FLYNN, Phyllis	Stragglers	Ladies (45-54)	75	35
36	0:41:16	ATKINSON, Paul	Murrey's Muppets	Men (Up to 39)	188	36
37	0:41:19	BLACK, Rebecca	Dorking & Mole Valley AC	Ladies (35-39)	214	37
38	0:41:34	GOODWIN, Ryan	Epsom Oddballs	Men (Up to 39)	204	38
39	0:41:37	MAGNESS, David		Men (Up to 39)	213	39
40	0:42:06	CARPENTER, Paul	Epsom Oddballs	Men (50-59)	25	40
41	0:42:16	DOHERTY, Kieran		Men (Up to 39)	95	41
42	0:42:27	FULLER, James	Tadworth AC	Men (Up to 39)	157	42
43	0:42:35	BREWER, Michael		Men (40-44)	141	43
44	0:42:37	SIMMONS, Craig	Epsom Oddballs	Men (40-44)	155	44
45	0:42:42	HARRIS, Sam	Team Harris	Men (Up to 39)	87	45
46	0:42:52	EZEN, Alan	Epsom & Ewell Harriers	Men (Up to 39)	200	46
47	0:42:52	MACKENZIE, Stuart		Men (Up to 39)	96	47
48	0:43:11	BARKER, Chris		Men (45-49)	74	48
49	0:43:26	EDWARDS, Garry	Tadworth AC	Men (Up to 39)	40	49
50	0:43:39	GLENCROSS, Christian		Men (Up to 39)	212	50
51	0:43:40	ADAMS, James		Men (Up to 39)	228	51
52	0:43:45	WALTERS, Roland		Men (Up to 39)	224	52

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
53	0:43:53	TO, Ka Chuen	Hercules Wimbledon AC	Men (Up to 39)	151	53
54	0:43:53	CLARKE, Alan	Worthing & District Harriers	Men (60+)	158	54
55	0:44:02	WILSON, Geoff	Epsom Oddballs	Men (50-59)	236	55
56	0:44:04	HARRALD, Louisa	Herne Hill Harriers	Ladies (Up to 34)	215	56
57	0:44:11	DRY, Peter	Epsom Oddballs	Men (50-59)	173	57
58	0:44:12	WHATMOUGH, Richard		Men (Up to 39)	83	58
59	0:44:13	ALLEN, James		Men (Up to 39)	194	59
60	0:44:21	POWELL, Adam		Men (Up to 39)	13	60
61	0:44:24	DADLANI, Emma	Stragglers	Ladies (45-54)	231	61
62	0:44:25	MASON, Mike	Sutton & District AC	Men (Up to 39)	251	62
63	0:44:41	TAYLOR, Ian		Men (40-44)	145	63
64	0:44:44	PENNINGTON, Matthew	Epsom Oddballs	Men (Up to 39)	39	64
65	0:45:14	MARKS, Lee		Men (Up to 39)	140	65
66	0:45:22	COLLETT, James		Men (Up to 39)	15	66
67	0:45:26	JOYCE, Ceara	Epsom Oddballs	Ladies (40-44)	28	67
68	0:45:30	SHARP, Lisa		Ladies (Up to 34)	72	68
69	0:45:35	WESTWOOD, Kevin	Wimbledon Windmilers	Men (40-44)	41	69
70	0:45:43	WILEMAN, Jonathan		Men (Up to 39)	162	70
71	0:45:46	BREEN, Angela	Met Police Athletic Association	Ladies (Up to 34)	76	71
72	0:45:49	WALTERS, Nathan		Men (Up to 39)	222	72
73	0:45:50	DAWS, Paul		Men (Up to 39)	80	73
74	0:46:01	BROWN, Alan		Men (Up to 39)	216	74
75	0:46:02	HAMILTON, David		Men (Up to 39)	6	75
76	0:46:10	RIXON, Bill		Men (Up to 39)	195	76
77	0:46:23	FOALEW, Trevor		Men (Up to 39)	50	77
78	0:46:27	HEATH, Paul		Men (45-49)	73	78
79	0:46:31	PEACOCK, Earl		Men (Up to 39)	94	79
80	0:46:36	NEVARD, Stephen	Epsom Oddballs	Men (60+)	64	80
81	0:46:45	COTTON, Nicolas		Men (Up to 39)	150	81
82	0:46:46	HENWOOD, Simon	Epsom Oddballs	Men (Up to 39)	245	82
83	0:46:52	LING, Chris	Murrey's Muppets	Men (Up to 39)	187	83
84	0:46:52	COOKSEY, Andrew	Tadworth AC	Men (45-49)	100	84
85	0:46:57	WALKER, Gavin		Men (40-44)	144	85
86	0:47:13	LYALL, Fiona	Epsom Allsorts	Ladies (35-39)	221	86
87	0:47:51	ELLINGTON, Tony	Team Harris	Men (45-49)	89	87
88	0:47:59	PHILLIPS, David	Dorking & Mole Valley AC	Men (50-59)	241	88
89	0:48:02	THOMPSON, Jason		Men (40-44)	71	89
90	0:48:03	MORRIS, Sophie		Ladies (Up to 34)	238	90
91	0:48:11	WILLIAMS, Lesley	Epsom Allsorts	Ladies (45-54)	244	91
92	0:48:21	REID, Graham	Tadworth AC	Men (40-44)	178	92
93	0:48:22	COX, James		Men (Up to 39)	160	93
94	0:48:24	SHAW, John	Hayes & Harlington Road Runners	Men (60+)	247	94
95	0:48:29	FAGAN, Paul		Men (Up to 39)	210	95
96	0:48:32	JAKEMAN, Marion	Epsom & Ewell Harriers	Ladies (55+)	176	96
97	0:48:44	SCOTT-HUMPHRIES, Bev	Epsom Allsorts	Ladies (40-44)	17	97
98	0:48:48	HARRIS, Dean	Team Harris	Men (45-49)	85	98
99	0:48:53	WALLER, Paul		Men (40-44)	126	99
100	0:48:54	HONEYBALL, Leigh		Ladies (Up to 34)	235	100
101	0:48:58	LAHUGH, Grace		Men (Up to 39)	211	101
102	0:49:00	AIKMAN, Stuart	Dorking & Mole Valley AC	Men (45-49)	52	102
103	0:49:08	HUBBARD, Penny	Sutton Runners	Ladies (45-54)	122	103
104	0:49:12	MITCHELL, Nick	Reigate Priory AC	Men (50-59)	124	104
105	0:49:17	GRIMSTER, Louise		Ladies (Up to 34)	217	105
106	0:49:17	MORTON, Helen		Ladies (35-39)	66	106
107	0:49:21	GARNER, Sue	Lingfield RC	Ladies (55+)	1	107
108	0:49:35	LIDDLE, Alan		Men (50-59)	45	108

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<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
109	0:49:41	RANKIN, Graham		NDB	44	109
110	0:49:44	FLORENTINE, Ed		Men (Up to 39)	169	110
111	0:49:45	HART, David	Epsom Fire Station	Men (40-44)	152	111
112	0:49:50	TREDWELL, Gemma		Ladies (Up to 34)	49	112
113	0:49:56	JOLLANDS, Paul		Men (50-59)	220	113
114	0:50:05	MAYCOCK, Kirsten		Ladies (Up to 34)	93	114
115	0:50:06	GREAVES, Abigail	Horsell Runners	Ladies (Up to 34)	153	115
116	0:50:19	TREDWELL, Tom		Men (Up to 39)	7	116
117	0:50:37	FLORENTINE, Robert		Men (50-59)	168	117
118	0:50:48	CLEGG, James	Lingfield RC	Men (60+)	207	118
119	0:50:51	BANKS, Darren		Men (40-44)	56	119
120	0:51:15	COLLEN, Mark	Project Ultra Running Club	Men (Up to 39)	110	120
121	0:51:18	WILKES, David	Lingfield RC	Men (60+)	91	121
122	0:51:27	FLOWER, Mark		Men (Up to 39)	63	122
123	0:51:28	GRIFFITHS, Wendy		Ladies (45-54)	107	123
124	0:51:42	PIPER, Mark	Lingfield RC	Men (45-49)	2	124
125	0:51:58	DORRINGTON, John		Men (60+)	57	125
126	0:52:10	ROBINSON, Stephen	Tadworth AC	Men (60+)	118	126
127	0:52:13	GLASFORD, Emma		Ladies (40-44)	185	127
128	0:52:13	WEST, Adam		Men (40-44)	171	128
129	0:52:27	HOLMES, Rebecca		Ladies (45-54)	203	129
130	0:52:30	MOORE, Dennis	Lingfield RC	Men (60+)	68	130
131	0:52:31	BATES, Jonathan		Men (Up to 39)	193	131
132	0:52:35	OSBORNE, Claire		Ladies (35-39)	191	132
133	0:52:35	DUFFY, Julie		Ladies (Up to 34)	192	133
134	0:52:38	MUNCE, Steven		Men (50-59)	199	134
135	0:52:39	DEAR, Sarah		Ladies (Up to 34)	197	135
136	0:52:40	WILLIAMS, Peta		Ladies (Up to 34)	198	136
137	0:52:42	GIBSON, Viv	Lingfield RC	Ladies (45-54)	69	137
138	0:52:45	ABRAHAMS, Tristan		Men (Up to 39)	201	138
139	0:52:46	COLLETT, Belinda	Murrey's Muppets	Men (Up to 39)	189	139
140	0:52:46	DAVIES, Lucinda	Murrey's Muppets	Ladies (35-39)	186	140
141	0:52:51	TRUMAN, Ben		Men (Up to 39)	102	141
142	0:52:59	AKERS, Beth	Epsom Allsorts	Ladies (Up to 34)	101	142
143	0:53:04	WILKIE, Derick	26.2 Road Runners Club	Men (60+)	31	143
144	0:53:31	DODDS, Elaine	26.2 Road Runners Club	Ladies (45-54)	128	144
145	0:53:40	BEESLEY, Camilla		Ladies (45-54)	175	145
146	0:53:46	GHOJAMANIAN, Natasha		Ladies (Up to 34)	77	146
147	0:53:50	SMITH, Jim		Men (Up to 39)	120	147
148	0:53:54	HOYLE, Jane		Ladies (45-54)	134	148
149	0:53:58	WALKER, Poppy	Epsom Allsorts	Men (Up to 39)	225	149
150	0:54:03	KANE, Heather		Ladies (45-54)	170	150
151	0:54:05	CRAMP, Belinda	Lingfield RC	Men (40-44)	237	151
152	0:54:18	DAVIES, Judy	Epsom Allsorts	Ladies (55+)	180	152
153	0:54:36	BROWN, Graeme	Epsom Oddballs	Men (50-59)	181	153
154	0:54:45	TAYLOR, Niki		Ladies (40-44)	179	154
155	0:54:55	O'DONOVAN, Leah		Ladies (Up to 34)	22	155
156	0:55:06	HARRIS, Joe	Team Harris	Men (Up to 39)	86	156
157	0:55:08	MEREDITH, Ben		Men (Up to 39)	149	157
158	0:55:23	JONES, Ceri	Epsom Allsorts	Ladies (Up to 34)	115	158
159	0:55:31	CLARK, Salena		Ladies (40-44)	135	159
160	0:55:36	EASTABROOK, Paul	Epsom Oddballs	Men (50-59)	108	160
161	0:55:38	KENSETT, Tracey		Ladies (40-44)	182	161
162	0:55:58	PHILLIPS, Alison		Ladies (35-39)	133	162
163	0:56:00	RAWLINS, David		Men (45-49)	183	163
164	0:56:42	JONES, Mark		Men (45-49)	27	164

Results for All Competitors in finish order.

<i>Place</i>	<i>Time</i>	<i>Name</i>	<i>Team</i>	<i>Race Age Category</i>	<i>Race No</i>	<i>Race Place</i>
165	0:57:08	ANDERSON, Caroline		Ladies (35-39)	18	165
166	0:57:28	ANSTEE, Vanessa		Ladies (40-44)	234	166
167	0:57:44	NICHOLSON, Mike		NDB	163	167
168	0:57:46	VILLIERS, Kit	Headington Road Runners	Men (60+)	62	168
169	0:58:01	MACKEY, Pauline	Stragglers	Ladies (45-54)	166	169
170	0:58:04	SEYMOUR, Mark		Men (50-59)	172	170
171	0:58:29	CONNORS, Ed	26.2 Road Runners Club	Men (50-59)	229	171
172	0:58:32	ELLIS, Phil	Epsom Oddballs	Men (45-49)	58	172
173	0:58:41	MACKEY, Phil	Ashtead Running Group	Men (40-44)	167	173
174	0:58:54	CIESCO, Elena		Ladies (35-39)	246	174
175	0:58:56	CHADWICK, Joanna	Wimbledon Windmilers	Ladies (Up to 34)	16	175
176	0:59:36	CONNORS, Julie	David Lloyd	Ladies (45-54)	230	176
177	0:59:45	TAVERN, Sydney		Men (Up to 39)	59	177
178	0:59:50	HILL, Helene	Tadworth AC	Ladies (55+)	139	178
179	0:59:54	BACHAN, Robert		Men (Up to 39)	249	179
180	0:59:56	DYER, Christine		Ladies (40-44)	104	180
181	1:00:21	AUSTIN, Andrea	Epsom Allsorts	Ladies (40-44)	97	181
182	1:00:51	DUNCAN, Hendry	Epsom Oddballs	Men (45-49)	218	182
183	1:00:59	ROGERS, Sally	Epsom Allsorts	Ladies (55+)	232	183
184	1:01:06	HARVIE, John		Men (45-49)	239	184
185	1:01:09	GOWER-SMITH, Faye		Ladies (Up to 34)	142	185
186	1:01:13	HOMERSHAM, Nicola	Epsom Allsorts	Ladies (45-54)	14	186
187	1:01:19	ANNA, Niemczuk		Ladies (Up to 34)	60	187
188	1:01:27	GRIMSTER, William		Men (50-59)	206	188
189	1:01:29	PERRIN, Clare		Ladies (35-39)	90	189
190	1:01:41	MILTON, John		Men (50-59)	146	190
191	1:01:44	SWAN, Moira	Dorking & Mole Valley AC	Ladies (45-54)	53	191
192	1:02:22	TRANTER, Stephanie		Ladies (Up to 34)	226	192
193	1:03:18	SMITH, Emma		Ladies (35-39)	119	193
194	1:03:24	LAY, Sheila	Epsom Allsorts	Ladies (45-54)	30	194
195	1:03:29	SAMPEDRO, Isabel		Ladies (40-44)	131	195
196	1:04:09	ATTWOOD, Gill	Epsom Allsorts	Ladies (45-54)	223	197
197	1:04:54	HARRIS, Glenda	Team Harris	Ladies (45-54)	84	198
198	1:04:54	HARRIS, Lisa	Team Harris	Ladies (45-54)	88	199
199	1:05:05	HANSCOMB, John	Ranelagh Harriers	Men (60+)	81	200
200	1:05:10	TODD, Lesley	Epsom Allsorts	Ladies (55+)	127	201
201	1:05:13	FIELDING, Suzanne		Ladies (40-44)	190	202
202	1:05:15	JONES, Jennifer	Epsom Allsorts	Ladies (55+)	98	203
203	1:05:29	GALTREY, Clare		Ladies (Up to 34)	227	204
204	1:06:14	HOLLOWAY, Becky	Epsom Allsorts	Ladies (40-44)	109	205
205	1:06:20	BENSON, Christine		Ladies (45-54)	113	206
206	1:06:34	BRIDGEWATER, Chris	Lingfield RC	Men (60+)	250	207
207	1:06:38	MASON, Elizabeth		Ladies (55+)	252	208
208	1:07:52	FROGLEY, George	Vets AC	Men (60+)	130	209
209	1:08:28	MARTIN, Sue	Epsom Allsorts	Ladies (40-44)	24	210
210	1:08:28	WILLIAMS, Clare	Epsom Allsorts	Ladies (35-39)	116	211
211	1:09:21	WISEMAN, Sheila		Ladies (55+)	132	212
212	1:11:37	STONE, Emily		Ladies (Up to 34)	242	213
213	1:11:41	CROWHURST, Trevor	Lingfield RC	Men (60+)	78	214
214	1:13:35	FISHLEIGH, Jackie		Ladies (40-44)	9	215
215	1:13:36	LI, Robert	Road Runners Club	Men (40-44)	21	216
216	1:17:49	RANA, Jaydeep		Men (Up to 39)	123	217

There were 216 finishers in the All Competitors category.